

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|-------|---|-----------------------------|-------------------------|---------------------------------------|----------------|-------------------------------|-------------------------------|
| 8:30 | Firts day activities | Wake up | Wake up | Wake up | Wake up | Wake up | Wake up |
| 9:00 | | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| 10:00 | | VELA PISCINA | PIRAGUA PISCINA | PADEL SURF PISCINA | ADVENTURE PARK | PEDALING PISCINA | ESCALADA PISCINA |
| 11:00 | | | | | | | |
| 12:00 | Welcome Team | Lunch | Lunch | Lunch | | Lunch | Lunch |
| 13:00 | | | | | | | |
| 14:00 | Lunch | Free time | Free time | Free time | | Free time | Free time |
| 15:00 | Rooming | TEAMBUILDING ESCAPE ROOM | TEAMBUILDING GYMKANA | TEAMBUILDING DEBATE COMPETITION | | TEAMBUILDING ACUATIC GAMES | TEAMBUILDING TREASURE HUNT |
| 16:00 | Pool/Free time | Snack | Snack | Snack | | Snack | Snack |
| 17:00 | Snack | SPORTS or Swimming Pool | ROLE PLAY GAMES | Group Project Swimming Pool | | SPORTS or Swimming Pool | FREE TIME |
| 18:00 | Welcome Team introduction Rooms & Rules English Test | FREE TIME | FREE TIME | FREE TIME | | FREE TIME | FREE TIME |
| 19:00 | | Love Box / Black Box | Love Box / Black Box | Love Box / Black Box | | Love Box / Black Box | Love Box / Black Box |
| 20:00 | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | |
| 21:00 | M | The Scale | DISCO | X FACTOR | Furor | Orientation at night | DISCO |
| 22:00 | Free time | Free time | DISCO | VIVAC NIGHT | DISCO | Free time | DISCO |
| 23:00 | Silence | Silence | Silence | VIVAC NIGHT | Silence | Silence | Silence |
| 24:00 | | | | | | | |